

# Journal of Neurotherapy: Investigations in Neuromodulation, Neurofeedback and Applied Neuroscience

## **Clinical Corner**

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## CLINICAL CORNER

#### D. Corydon Hammond, PhD, Associate Editor

The purpose of the Clinical Corner is to provide responses to clinically oriented questions that may not, in many cases, have been evaluated yet by research, and also for the presentation of neurofeedback case studies in new areas of application. Therefore, the personal opinions expressed in the column are exactly that, the opinions of the individual authors, often based on their clinical experience. The opinions shared belong to the authors and are not necessarily those of the International Society for Neurofeedback and Research or the Journal of Neurotherapy. Nonetheless, it is hoped that the diversity of opinion expressed in this column will stimulate thought and the further exchange of ideas. Readers are invited to send questions or material for consideration to D. Corydon Hammond, PhD, University of Utah School of Medicine, PM&R, Salt Lake City, UT 84132. E-mail: D.C.Hammond@utah.edu

In the Clinical Corner in this issue, we have a contribution by Bazanova and Aftanas from Russia. They present some sophisticated small sample size research involving two cases. Their article focuses us on important refinements that we may increasingly be able to make in the individualization of neurofeedback protocols. Their findings validate the importance of thorough assessments; individualization of treatment (Hammond, 2010); and the reality that neurofeedback, improperly applied, can result in adverse effects rather than improvements (Hammond & Kirk, 2008).

#### REFERENCES

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